

## **Rooftop Awareness Training Synopsis**

Course Length: ½ Day

**Instructor Ratio: 1:8** 

**Assessment:** Practical\Oral

Certification: Certificate awarded on completion of course

Validity: 3 Years

Our Rooftop Awareness Training course follows the syllabus laid out by ACWAHT (Advisory Committee Working at Height Training). The course is delivered using a mixture of practical demonstrations, written handouts and overhead presentations.

The following areas are covered:

- Working At Height Regulations
  - What is it?
  - Why was it amended?
  - Your responsibilities
  - Hierarchy of Control
- Danger Awareness
  - Awareness/reconnaissance
  - Preparation
  - Respect
- Permanent Access Systems that are typically found on rooftops. Are these systems available to use? Is additional training required? Includes;
  - Cradles
  - Bosun Chair
  - Latchways
  - Rail systems
  - Eyebolts
  - Crawler Boards



- Temporary Access Systems that are typically found on rooftops. Are these systems available to use? Is additional training required? Includes;
  - Mewps
  - Mobile Towers
  - Ladders
- Going through the various forms of protection when working at height.
  - Method Statement Risk Assessment
  - Rescue Plan
  - Machinery
  - Work restraint
  - Fall arrest
  - Work positioning